

# **New Internationalist**

**The people, the ideas, the action in the fight for global justice**



**New Internationalist Easier English**

**Ready Intermediate Lesson**

# Today's lesson:



**Speaking**

**Vocabulary**

**Reading**

**Writing a letter**

**List:**



**Make a list of what you think the USA exports to other countries.**

**Headline:**



**Put the headline in the right order:**

*export*

*'s*

*most*

*America*

*dangerous*

**Discuss:**



**What do you think are  
America's dangerous  
exports?**

**Why are they dangerous?**

- 1) Illness – when blood pressure is high
- 2) It helps your body use sugar
- 3) Describes someone who is very overweight
- 4) Deep sleep – you cannot wake up the person
- 5) The health problem when people are overweight
- 6) Part of food which is good for you
- 7) Like crisps and popcorn
- 8) Illness – when the body has a problem with sugar

## Match words and meanings:

- a) obesity
- b) obese
- c) hypertension
- d) diabetes
- e) insulin
- f) coma
- h) junk food
- i) nutrient

# True or false? What do you think?

1) The US spends about \$150 billion a year on obesity.

2) 70 per cent of women and nearly 40 per cent of men in South Africa are overweight or obese.

3) In Mexico soft drinks are often cheaper than bottled water.

4) The US government gives money to help sell junk food.

5) The US government gives money to help sell fruit and vegetables.

6) More people in the world die from obesity than hunger.

7) More people die from junk food than from drugs.

**Now read the text and  
check your ideas:**



[http://eewiki.newint.org/index.php/America%27s most dangerous export](http://eewiki.newint.org/index.php/America%27s%20most%20dangerous%20export)

Read the text again – are these sentences true or false?



- 1) Many countries do not have enough money to help people with diabetes.
- 2) Taco Bell wants Americans to eat an extra meal every day.
- 3) There are plans to sell more Coca Cola to the poorer people in South Africa.
- 4) Obesity is America's worst export.

# Writing:



**Write a letter to  
President Obama  
explaining what he  
should do about  
America's exports.**

# Homework:



**Now read the original article:**

<http://newint.org/blog/2014/08/22/america-obesity-export/>